

Philippians 4:1-9

Welcome

What are you watching at the moment? TV show, Netflix/Now TV/Disney, Box Set. What's good about it—what do you enjoy?



Worship

Invite the group to share a recent answer to prayer or a particular verse/passage/picture which has comforted/encouraged.



Move into a short time of praise, worship and thanksgiving.

Word

1. Read Philippians 4:1-9
2. Vs 1-3—what do these verses tell us about Paul and about the early Christian church?
3. Vs 2—what does it mean to 'be of the same mind'? Is this the same as agreeing on everything? (see Philippians 2:1-11)
4. Vs 4-9—which of these verses do you find the most a) challenging and/or b) encouraging?
5. Why?
6. Looking back through earlier chapters of Philippians, what gives Paul the confidence to write these things?
7. How does this encourage us—and how does this challenge us?
8. Vs 6-7 Paul suggests there is a clear link between prayer and peace. Is this something you have experienced for yourself? Can you think of an example you are willing to share.
9. Vs 8—what does this verse say about the things we watch/read and give attention to?



Witness

Spend time reading through and praying with this passage.

What one thing will you do in response?

Vs 5 'Let your gentleness be evident to all'

