



St Barnabas

Green Matters Autumn 2025



*You crown the year with your goodness
and your paths overflow with plenty Psalm 65*

Welcome to this Autumn edition of Green Matters. An occasional newsletter helping us celebrate and care for God's world. This edition focuses on a few seasonal suggestions with useful information around recycling.

Apple Chutney Recipe (Lynda Walker)

5-6 Cooking Apples 4oz Sugar 100mls Apple Cider Vinegar
(malt vinegar can be used – but will give a very strong, more vinegary flavour)
1 level tsp cinnamon 1 heaped tsp grated fresh ginger or 1/2 tsp ground ginger



Peel and core the apple and cut into 1cm chunks
Put all ingredients into pan and bring to the boil. Reduce heat and simmer slowly.
The liquid will slowly disappear and become syrup - approximately 40 minutes.
When still hot pour into sterilised jars and seal.

Store in a cool place/fridge for 4 - 6 weeks. Once opened keep in fridge and use fairly quickly, it won't keep as long as shop-bought chutney.

Feeding garden birds in the winter makes a big difference. However due to the rise of infectious bird disease effecting greenfinches and chaffinches the RSPB has advised against using flat surfaces like bird tables for bird food. There is more information about keeping out garden birds healthy here

<https://www.rspb.org.uk/whats-happening/news/keep-your-garden-birds-healthy>

Follow this link to make a simple bird feeder using pine cones

<https://www.youtube.com/watch?v=Z9kJWqzilUs>

Save the Date: Garden Birdwatch 23-26 January

Looking ahead why not take part in the next Birdwatch in 2026

<https://www.rspb.org.uk/whats-happening/big-garden-birdwatch>



What is RE-WILDING?

Rewilding can mean a lot of different things. It ranges from not mowing grass verges, to restoring rivers, through to the reintroduction of wild species. Rewilding generally involves letting nature take the lead. This is done by restoring natural processes and reducing human management. Rewilding offers hope. In a nutshell, it is the large-scale restoration of nature until it can take care of itself – and us – again. It's about restoring nature's remarkable web of life, including habitats, natural processes and, where appropriate, missing species. Click here find out more about a campaign by Wild Card to encourage the Church Commissioners to rewild 30% of their land by 2030:

<https://wildcard.land/campaigns/rewild-the-church>

Bountiful God,

you call us to labour with you in tending the earth:
Where we lack love, open our hearts to the world;
where we waste, give us discipline to conserve;
where we neglect, awaken our minds and wills to insight and care.
May we with all your creatures honour and serve you in all things,
for you live and reign with Christ, Redeemer of all,
and with your Holy Spirit, one God, now and for ever
Amen.



